



# SUMMER 2019 - 6 WK. SESSION!

## FUN : CLASSES - COMPETITIONS - TRAININGS - SEMINARS

**AMANDA C. KAUFMAN**

SENSEI, YONDAN, TACHI

OKINAWAN SHURI-RYU KARATE-DO



ASSISTANT CHIEF INSTRUCTOR  
INTERNATIONAL SHURI-RYU ASSOCIATION

ADVANCING KARATE, LTD  
P.O. BOX 162  
PERRYSBURG, OHIO 43552-0162

HEAD KARATE INSTRUCTOR:  
FORT MEIGS YMCA



OHIO COACH  
USMATEAM - US MARTIAL ARTS TEAM  
FOR THE  
2019 WORLD MARTIAL ARTS GAMES  
LONDON, ENGLAND

FINDING F.O.C.U.S.  
FOUNDATIONS OF CONFIDENCE UNDER  
STRESS® - SELF-DEFENSE PROGRAM

CELL:  
(419) 509-4277

EMAIL:  
ADVANCINGKARATE@YAHOO.COM

WEBSITE:  
ADVANCINGKARATE.COM

FACEBOOK:  
FB.COM/ADVANCINGKARATELTD

INSTAGRAM:  
#ADVANCINGKARATELTD



OKINAWAN SHURI-RYU KARATE-DO

沖繩首里流空手道

	SUN	MON	TUE	WED	THU	FRI	SAT
NO KARATE WEEK	JUNE 30	JULY 1	JULY 2	JULY 3	JULY 4 HAPPY 4 <sup>TH</sup> OF JULY!	JULY 5	JULY 6
NO KARATE WEEK	JULY 7	JULY 8	JULY 9	JULY 10	JULY 11	JULY 12	JULY 13
USKA WORLDS COMPETITION & TRIAS MEMORIAL TRAINING PHOENIX, AZ.							
KARATE WEEK 1	JULY 14	JULY 15	JULY 16	JULY 17	JULY 18	JULY 19	JULY 20
KARATE WEEK 2	JULY 21	JULY 22	JULY 23	JULY 24	JULY 25	JULY 26	JULY 27
KARATE WEEK 3	JULY 28	JULY 29	JULY 30	JULY 31	AUG 1	AUG 2	AUG 3
NO KARATE WEEK	AUG 4	AUG 5	AUG 6	AUG 6	AUG 8	AUG 9	AUG 10
14 <sup>TH</sup> ANNUAL R.A.D. KIDS AT WCSO WOOD COUNTY SHERIFF'S OFFICE							
KARATE WEEK 4	AUG 11	AUG 12	AUG 13	AUG 14	AUG 15	AUG 16	AUG 17
KARATE WEEK 5	AUG 18	AUG 19	AUG 20	AUG 21	AUG 22	AUG 23	AUG 24
KARATE WEEK 6	AUG 25	AUG 26	AUG 27	AUG 28 TESTING TBA	AUG 29 TESTING TBA	AUG 30 TESTING TBA	AUG 31

WEDNESDAY CLASSES		THURSDAY CLASSES		FRIDAY CLASSES		SATURDAY CLASSES	
5:45	GOLD BELT	5:45	TWEEN - ALL RANKS	5:45	KINDER KARATE 3-4 YR	9:00	GOLD BELT
6:30	YELLOW BELT	6:30	GREEN BELT	6:15	WHITE BELT 5-7 Y.O.		YELLOW BELT
	ADV. YELLOW BELT		ADV. GREEN BELT	7:00	ADV. WHITE BELT		ADV. YELLOW BELT
7:15	COMPETITION TEAM		PURPLE BELT		ORANGE BELT	9:45	KINDER KARATE 3-4 Y
		7:30	BROWN BELT			10:15	BLUE BELT
			ADULT BEGINNER				ADV. BLUE BELT
			ADULT INTERMEDIATE				
		8:30	ADULT ADV. & B.B.				

CONTACT SENSEI IF YOU WISH TO PARTICIPATE IN ANY OF THE SPECIAL EVENTS!